



# Volunteer Application

The following information is helpful in selecting/assigning volunteer roles, planning training, and collecting data for evaluation.\* Any information you choose to provide will be kept confidential. Placement will be made only after an interview when both parties can ask and answer questions. Prior to that, please help us get to know you.

**Name:** ☐ Miss ☐ Ms. ☐ Mrs. ☐ Mr. ☐ Other \_\_\_\_\_

First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

Nickname \_\_\_\_\_ Maiden Name \_\_\_\_\_

Are you over 18? ☐ Yes ☐ No ☐ Male ☐ Female.

**Address:** Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ What is the best way for you to be reached? \_\_\_\_\_

Permanent Address (if different than above): \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

How did you hear about Abria? \_\_\_\_\_ Would you like to receive our e-newsletter? ☐ Yes ☐ No

Do you have any previous affiliation with Abria? ☐ No ☐ Yes If yes, please indicate affiliation: \_\_\_\_\_

Education (please complete where appropriate):

	Enrolled	Graduated (yr)	Course of Study (major/minor)	Name of Institution
High School or GED Certificate Program				
Vo-Tech				
College				
Post Graduate Study				

Other Education (please explain): \_\_\_\_\_

\_\_\_\_\_

**Please feel free to include a copy of your resume if available.**

Employer Name (current): \_\_\_\_\_

Address \_\_\_\_\_ Work Phone \_\_\_\_\_

\_\_\_\_\_

Position \_\_\_\_\_ Email (optional): \_\_\_\_\_

\_\_\_\_\_

☐ Part Time ☐ Full Time Length of Employment (yrs) \_\_\_\_\_

Previous employment experiences: \_\_\_\_\_

**Please provide two references, preferably not family members**

Name and Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

Name and Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

Please indicate friends or family connected to *Abria Pregnancy Resources* (for children, please include date of birth):

<hr/> <i>Name</i>	<hr/> <i>Name</i>
<hr/> <i>Relationship</i>	<hr/> <i>Relationship</i>

Emergency Contact: Name \_\_\_\_\_

Relationship \_\_\_\_\_ Phone Number \_\_\_\_\_

Have you ever been charged with any kind of criminal activity?    ☐ No    ☐ Yes

If yes, please explain: \_\_\_\_\_

Please describe your organization affiliations and any previous volunteer experience \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please select the volunteer role you are interested in: *(Select all that apply)*

**Direct Client Service Opportunities**

- ☐ **Client Advocate Volunteers**  
Be a steady presence of compassion for women facing unexpected pregnancies. Meet one-on-one with clients, offering emotional support, parenting resources, and medically accurate information—all with the help of structured tools and full training. *Time: 2–3 four-hour shifts/month | Location: St. Paul & Minneapolis*
- ☐ **Nurse Volunteers**  
Use your clinical skills to serve women with compassion and care. Nurse Volunteers assist with medical services such as pregnancy testing, limited ultrasounds, and education—helping ensure clients receive timely, professional, and life-affirming support. Abria provides training specific to our protocols and approach. Ideal for: RNs, LPNs, or retired nurses with active licensure, *Time: 2–3 four-hour shifts/month | Location: St. Paul & Minneapolis*
- ☐ **Meal Prep Volunteers**  
Show hospitality by preparing simple meals for client education nights, staff sessions, or board gatherings. It's a small act that makes a big difference in creating a welcoming environment. *Time: Flexible | Location: St. Paul & Minneapolis*

**Community Engagement Opportunities**

- ☐ **Community Development & Church Relations**  
Be a bridge between Abria and the community. Represent us at events, build church partnerships, and help more families find life-affirming care. *Time: Based on availability | Location: St. Paul & Minneapolis*

**Support Role Opportunities**

- ☐ **Boutique Donations Volunteers**  
Help create a space of dignity and joy by organizing donated baby items in our boutique—ensuring moms can shop with pride and ease. *Time: 3–4 hours/month | Location: St. Paul & Minneapolis*
- ☐ **Business Admin Volunteers**  
Keep things running smoothly behind the scenes—support with files, reports, appointment prep, and back-end office that directly impact the efficiency of our mission. *Time: Flexible | Location: St. Paul*
- ☐ **Housekeeping/Environmental Services**  
Make Abria shine. Help keep our clinics clean, safe, and welcoming for every woman and family who walks through our doors. *Time: 2 hours/month on a Sunday | Location: St. Paul & Minneapolis*

- ☐ **Handyman Volunteers**  
Use your tools and talents to help maintain our clinics with small repairs and maintenance—keeping our space safe and functional for all. *Time: Varies / Location: St. Paul & Minneapolis*
- ☐ **Gardening Volunteers**  
Beautify Abria’s entrances with seasonal plants and decor that reflect the care and dignity we offer inside our clinics. *Time: Seasonal / Location: St. Paul & Minneapolis*
- ☐ **Marketing/Website Volunteers**  
Put your creative skills to work—design, post, and manage content that spreads Abria’s mission far and wide. *Time: Flexible / Location: St. Paul*
- ☐ **Material Needs Volunteers**  
Join our on-call list to help meet occasional big-ticket needs—like furniture, cabinetry, or donated miles. It’s low-commitment, high-impact giving. *Time: As needed / Location: Varies*

## Internships

- ☐ **3-9 Month Internship Program**  
Ideal for college students pursuing bachelor’s degrees, our 3-9 month internships offer hands-on experience in areas such as client services, admin, marketing/communications, or development. *Time: Year-round / Location: St. Paul*

Please indicate the specific time(s) and day(s) you would be available to be scheduled:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	_____	_____	_____	_____	_____	_____	_____
Afternoon	_____	_____	_____	_____	_____	_____	_____
Evening	_____	_____	_____	_____	_____	_____	_____

Why do you want to volunteer with Abria? \_\_\_\_\_

Have you ever counseled or helped anyone who has considered an abortion? ☐ No ☐ Yes

If yes, please explain: \_\_\_\_\_

Please indicate your thoughts and feelings about the following: *(Feel free to use an additional sheet if you wish to elaborate).*

- Pregnant unmarried teenage girls \_\_\_\_\_
- An abortion-minded woman \_\_\_\_\_
- Abortion in cases of rape, incest, or fetal deformity \_\_\_\_\_
- A woman who has had an abortion \_\_\_\_\_
- Adoption \_\_\_\_\_
- Contraception \_\_\_\_\_

*My signature below indicates that the information that I have included in this Volunteer Application is true and accurate to the best of my knowledge. I understand that submitting this form is not a guarantee of placement as a volunteer for Abria Pregnancy Resources, and that placement will be made only after an interview and other background screening, including a criminal background check through the Bureau of Criminal Apprehension. I agree that Abria Pregnancy Resources may use the information provided on this form to conduct such background screening. Finally, I understand that my volunteer position will require training prior to being allowed to start serving in that position.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Volunteer Skill Survey

We are continually finding new ways for our volunteers to help in achieving the Abria Pregnancy Resources mission. Please take a moment to indicate areas in which you have skills and experience that you would be willing to share with us.

## 1. Human Services

- ☐ Child Care
- ☐ Child Development
- ☐ Family Management
- ☐ Advocacy
- ☐ Mentoring
- ☐ Crisis Intervention
- ☐ Counseling
- ☐ Health (maternal & child)
- ☐ Parent Education
- ☐ Transportation
- ☐ Teen pregnancy/parenting
- ☐ Financial Management
- ☐ CPR-Certified, Exp. date \_\_\_\_\_
- ☐ CPR-Trainer
- ☐ Sign Language

Skill level: Minimal Good Excellent

## 2. Management Skills

- ☐ Leadership/Supervision
- ☐ Staff/Volunteer Training
- Subjects: \_\_\_\_\_
- ☐ Focus Group Facilitation
- ☐ Program Planning/Evaluation
- ☐ Marketing

## 3. Development/Fundraising

- ☐ Direct Mail/Telemarketing
- ☐ Grant writing
- ☐ Estate/Financial Planning
- ☐ Special Event Coordination
- ☐ Prospect Research

## 4. Communications/Public Relations

- ☐ Speakers Bureau
- ☐ Community Outreach
- ☐ Communication Planning
- ☐ Writing
- ☐ Media Relations
- ☐ Graphic Design
- ☐ Desktop Publishing
- ☐ Photography
- ☐ Video & Slide Show Production
- ☐ Display Work
- ☐ Sign & Poster Production

## 5. World Cultures

- ☐ Education in \_\_\_\_\_
- ☐ Foreign Language \_\_\_\_\_

Fluency level: Minimal Good Excellent

## 6. Music & Drama

- ☐ Acting
- ☐ Clowning
- ☐ Instrument: \_\_\_\_\_
- ☐ Singing
- ☐ Story Teller
- ☐ Puppetry
- ☐ Mime
- ☐ Dancing
- ☐ Other: \_\_\_\_\_

## 7. Facilities/Maintenance

- ☐ Carpentry
- ☐ Landscaping/Gardening
- ☐ Painting
- ☐ Furniture or Equipment Repair
- ☐ Pick-up & Delivery of Donations
- ☐ Housekeeping (cleaning toys, laundry)

## 8. Creative Activities

- ☐ Calligraphy
- ☐ Cooking
- ☐ Sewing
- ☐ Knitting or Crocheting
- ☐ Face painting
- ☐ Kid's Arts & Crafts
- ☐ Other: \_\_\_\_\_

## 9. Sports/Recreation

- ☐ Sports - General
- ☐ Swimming/WSI
- ☐ Swimming-Advanced Lifesaving
- ☐ Recreational Outings
- ☐ Other: \_\_\_\_\_

## 10. Professional/Support Services

- ☐ General Office Skills
- ☐ Computer Word Processing
- ☐ Computer Training/Instruction
- ☐ Data Entry
- ☐ Computer Programming
- ☐ Web Site Development

## 11. Other

\_\_\_\_\_  
\_\_\_\_\_

# STATEMENT OF CORE VALUES

To provide consistent and effective services to our clients, staff, volunteers and board members must agree with our core values. It is vital that our personnel have the understanding that all people are made in the image and likeness of God and that every individual has the right to life from the moment of conception until natural death.

As personnel of Abria Pregnancy Resources, I agree to follow and promote these core values of Abria Pregnancy Resources, derived from the teachings of the Roman Catholic Church:

- We are advocates for the unborn, their mothers, and family.
- Life begins at conception.
- Abortion is always morally wrong; we will not refer for abortion.
- We will not encourage the use of or refer for hormonal, barrier, or sterilization methods of contraception (birth control):
  - Unmarried men and women are counseled to choose chastity (abstinence).
  - Married couples seeking assistance with family planning are encouraged to practice Natural Family Planning (NFP) and chastity.
- God creates each person as male and female, and these distinct, complementary genders are unchangeable.
- Marriage is established by mutual consent between one man and one woman.
- Clients are to be treated with compassion, sensitivity, and respect without judgement of their beliefs and values.
- All information confided by clients will be kept confidential with the exception of statutory requirements for reporting abuse or neglect of a minor.

PRINT NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_